



# FOR IMMEDIATE RELEASE

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# THE QUEEN'S MEDICAL CENTER – PUNCHBOWL AND THE QUEEN'S MEDICAL CENTER – WEST O'AHU RECEIVE GET WITH THE GUIDELINES TARGET: STROKE HONOR ROLL ELITE PLUS GOLD PLUS QUALITY ACHIEVEMENT AWARD

American Heart Association award recognizes Queen's commitment to quality stroke care

HONOLULU - The Queen's Medical Center – Punchbowl (Queen's) and The Queen's Medical Center – West O'ahu (QMC-West) have received the American Heart Association/American Stroke Association's Get With The Guidelines<sup>®</sup> Target: Stroke Honor Roll Elite Plus Gold Plus Quality Achievement Award. The award recognizes the hospitals' commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

Queen's and QMC-West earned the award by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period. These measures include evaluation of the proper use of medications and other stroke treatments aligned with the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. Before discharge, patients should also receive education on managing their health, get a follow-up visit scheduled, as well as other care transition interventions.

"Stroke is a devastating condition that could change a person's life forever if not treated in a timely manner. Every minute during stroke, 1.9 million brain cells are lost permanently. But when we work together as a team to provide a definitive treatment in a timely manner, we see miracles. We see our patients regain full brain function and go back home to their loved ones. This award demonstrates our commitment and dedication to provide the highest quality of acute stroke care at The Queen's Medical Center based on nationally-respected clinical guidelines," said Kazuma Nakagawa, MD, Medical Director of Queen's Comprehensive Stroke Center.

Queen's and QMC-West additionally received the association's Target: Stroke<sup>SM</sup> Elite Plus award. To qualify for this recognition, hospitals must meet quality measures developed to reduce the time between the patient's arrival at the hospital and treatment with the clot-buster tissue





plasminogen activator, or <u>tPA</u>, the only drug approved by the U.S. Food and Drug Administration to treat <u>ischemic stroke</u>.

"We are pleased to recognize Queen's and QMC-West for their commitment to stroke care," said Lee H. Schwamm, MD, national chairperson of the Quality Oversight Committee and Executive Vice Chair of Neurology, Director of Acute Stroke Services, Massachusetts General Hospital, Boston, Massachusetts. "Research has shown that hospitals adhering to clinical measures through the Get With The Guidelines quality improvement initiative can often see fewer readmissions and lower mortality rates."

According to the American Heart Association/American Stroke Association, stroke is the No. 5 cause of death and a leading cause of adult disability in the United States. On average, someone in the U.S. suffers a stroke every 40 seconds and nearly 795,000 people suffer a new or recurrent stroke each year.

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### About The Queen's Medical Center:

The Queen's Medical Center (Queen's), a 501(c)(3) non-profit corporation established in 1859 by Queen Emma and King Kamehameha IV, is an acute care medical facility accredited by The Joint Commission. The facility is licensed for 575 acute beds and serves as the major tertiary and quaternary referral center for cancer, cardiovascular disease, neuroscience, orthopaedics, surgery, emergency medicine and behavioral health medicine. It is the state's designated trauma center verified as Level I by the American College of Surgeons. It has the only organ transplantation program in Hawaii. Queen's is a major teaching hospital, serving as a clinical training site for the residency programs sponsored by the John A. Burns School of Medicine at the University of Hawaii. Queen's is the only hospital in Hawaii to achieve Magnet® status – the highest institutional honor for hospital excellence – from the American Nurses Credentialing Center.

### About The Queen's Medical Center – West O'ahu:

The Queen's Medical Center – West O'ahu (QMC-West), located in Ewa in West Oahu, is a community hospital licensed for 80 acute beds. It provides major hospital services including an emergency room, inpatient and outpatient surgery, imaging, a women's center, orthopaedics, cardiology, diabetes care and specialty clinics. QMC-West is a part of The Queen's Medical Center, located in downtown Honolulu. QMC-West was established to extend the mission of Queen's to the West Oahu region to provide quality health care services to the fastest growing area in the state.

### About Get With The Guidelines®

Get With The Guidelines<sup>®</sup> is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with tools and resources to increase adherence to the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 6 million patients since 2001. For more information, visit heart.org.