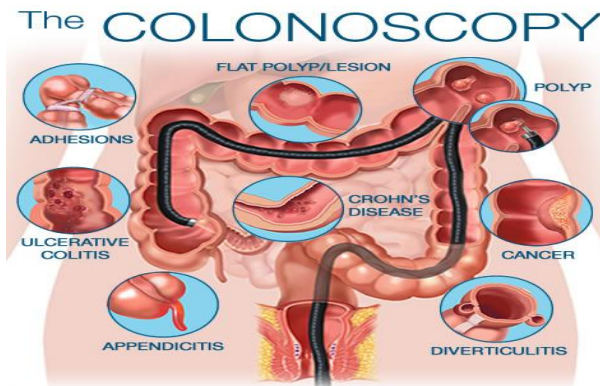


What is a Colonoscopy?



A Colonoscopy (koh-luh-NAH-skuh-pee) lets the doctor look inside your entire large intestine to see inflamed tissue, abnormal growths, ulcers, bleeding, and muscle spasms. The procedure takes 30-60 minutes. You will be given a medication through your intravenous to help you relax during the exam. Air is used to inflate the colon during the test. This may make you feel bloated and gassy after the test. This is normal and will go away within a few hours. Any tissue removed during the procedure will be sent to the lab for testing and your doctor will notify you of the results.

A thorough exam is what we strive for . . .

We can do this only if your colon is clean. Please follow the instructions given to you by your doctor and use the pictures as a guide to how clear your returns in the toilet should be.



If your returns look like pudding...

Your colon is **NOT CLEAN**.

Continue drinking your laxative prep.



If your returns look like coffee...

Your colon is **ALMOST CLEAN**.

Continue drinking your laxative prep.



If your returns look like apple juice or chicken broth...

Great! Your colon is **CLEAN!**