



Fiberoptic Endoscopic Evaluation of Swallowing

Fiberoptic Endoscopic Evaluation of Swallowing (FEES) is a type of swallowing test which utilizes a small tube with a camera and light on the end called an endoscope.

During the procedure, a speech-language pathologist (SLP) gently inserts the endoscope through the nose and into the throat, allowing the camera to display a clear view of the inside of throat on a computer screen. The patient is then given food and liquid which may have been dyed with food coloring to enhance the camera's image.

FEES allows the SLP to determine:

- if food is going into the patient's airway instead of the stomach (aspiration)
- what parts of the mouth and throat may not be working well
- what kinds of food are safest for the patient to swallow
- if certain positions or strategies help the patient swallow better

The SLP may also use the endoscope to conduct sensory testing, which tests for how well a patient can feel things in their throat.

Benefits of FEES:

- No delay in care while waiting to schedule with radiology
- No exposure to radiation
- No need for a patient to be transported; the procedure can be performed at bedside
- Reduces the amount of time where patients are not allowed to eat or drink

To learn more about FEES or to make an appointment, please contact any of the locations below.

O'AHU

The Queen's Medical Center 808-691-4277
 The Queen's Medical Center—West O'ahu. . . . 808-691-3577
 Queen's Outpatient Rehabilitation Services . . . 808-691-4743
 Physicians Office Building 2 (POB2)

HAWAI'I ISLAND

North Hawai'i Community Hospital 808-881-4860

Why Queen's Rehabilitation Service?

Queen's Rehabilitation Services provides Physical Therapy, Occupational Therapy and Speech Language Pathology therapy to

reduce pain and improve patient mobility and function. Our specialty trained team utilizes a patient-centric methodology that prioritizes patient access to therapists and provides one-on-one care. We teach patients how to prevent or manage conditions to achieve long-term health benefits, and reduce or eliminate the need for long-term use of prescription medications and their side effects.

Speech Language Pathology therapy services include:

- Swallowing
- Speech
- Voice
- Language and cognition
- Fiberoptic Endoscopic Evaluation of Swallowing
- Modified Barium Swallow
- Augmentative and assistive communication
- Lymphedema therapy for head and neck cancer survivors

Physical Therapy services include:

- Post-operative rehabilitation
- Functional mobility training
- Neurological rehabilitation
- Manual therapy
- Ergonomics and postural training
- Sports physical therapy
- Balance and falls prevention
- Gait re-education
- Lymphedema therapy
- Work hardening
- Vestibular rehabilitation
- Women's health

Occupational Therapy services include:

- Post-operative rehabilitation
- Self-care and activities of daily living
- Neurological rehabilitation
- Home safety and cognitive function
- Manual therapy
- Ergonomics and postural training
- Joint protection and energy conservation techniques
- Splint fabrication and training

