



BARIATRIC SUPPORT GROUP

One of the most important keys to achieving and maintaining a healthy weight is a good support network. Our support group is open to all patients, at any point in the weight loss surgery journey!

Meetings are led by members of the Queen's CWMP team, and will include a variety of nutrition, fitness, and healthy lifestyle topics.

At time of meeting, join by:

1. Go to Zoom.us and click on Join Meeting
2. Entering Meeting ID: 999-691-7546

**COMPREHENSIVE WEIGHT
MANAGEMENT PROGRAM**



**THE QUEEN'S
MEDICAL CENTER**

You can expect to...

Connect with others
who have had
bariatric surgery

Discuss common
experiences and
concerns

Hear about current
nutrition and health
topics related to
healthy weight

...and much more!

**EVERY 4TH
WEDNESDAY
12:00 PM to 1 PM**

Questions?

Call 808-691-7546
or email
cwmp@queens.org