



THE QUEEN'S
HEALTH SYSTEM

CWMP Present's

The Dietitian's Hour

Tuesdays

1:30pm - 2:30pm

1st and 3rd Wednesdays

7:00 - 8:00pm

Free and open to all CWMP patients.

This class is dedicated to:

- Answering nutrition related questions
- Dietary guidance
- Nutrition education
- Healthy lifestyle tips

**And providing a safe space with support
and aloha**

Zoom Meeting ID: 691-754-6808