

SUPPORT GROUPS & EDUCATION



THE QUEEN'S
HEALTH SYSTEM

VIRTUAL HEALTH AND WELLNESS EVENTS FOR CANCER PATIENTS

SEPT	OCT	NOV	DEC	
28	26	30	28	Cancer Nutrition During and After Cancer Treatment Learn about special nutritional needs from a Registered Dietician. Fourth Thursday, 10:00 am - 12:00 pm • Online/WebEx, Call 808-691-8984
14	12	9	14	Cancer Survivorship Support Group For Survivors adapting to life after cancer treatment. Facilitator: Kristy Fujinaga, RN Second Thursday, 11:00 am - 12:00 pm • Online/WebEx • Call 808-691-8914
26	24	28	19	Mindfulness Meditation for Cancer Survivors Fourth Tuesdays, 11:00 am - 12:00 pm • Online/WebEx
20	18	15	20	Caregiver Support Group Supports the needs of care givers to help them keep a balanced life style. Third Wednesday, 10:30 - 11:30 am • Online/WebEx
18	16	20	18	Head & Neck Support Group Warriors battling cancer of the brain, mouth, throat, thyroid, & esophagus. Third Monday, 11:00 am - 12:30 pm • Online/WebEx
21	19	16	21	Breast Cancer Support A forum for women to discuss and share issues related to breast cancer. Third Thursday, 11:00 am - 12:00 pm • Online/WebEx
25	23	27	18	Lung Cancer Support Survivors share and help one another cope with the difficulties the disease can cause. Fourth Monday, 10:00 - 11:00 am • Online/WebEx
7	5	2	7	GI Cancer Support A support group for patients with gastrointestinal cancer. First Thursday, 11:30 am - 12:30 pm • Online/WebEx

Online/WebEx
808-691-8984 for information

Healing Through Art

Art therapy for all cancer survivors and their caregiver.
Tuesdays per art schedule • 10:00 am - 12:00 pm • Online/WebEx

Women's Health Center
808-946-9400 for information
To schedule email: dr-jayne.com

Acupuncture

For pain or side effects from cancer treatment. Non-cancer treatments also available.
Every Tuesday and Thursday, 1:00 pm - 5:00 pm

Register online:
www.lookgoodfeelbetter.org

Look Good, Feel Better

Live virtual workshops to help you feel your best.
By appointment only, online by LGFB Alliance

September ▶ Childhood Cancer Awareness Month

October 8 ▶ Komen More than Pink Walk - Join our Queen's Team

November ▶ Lung Cancer Awareness Month

December ▶ Choose Hope - Happy Holidays

For more information on Queen's Cancer Center programs and services or to be added to the email list for virtual meetings, call 808-691-8984.