

SUPPORT GROUPS & EDUCATION



THE QUEEN'S
HEALTH SYSTEM

VIRTUAL HEALTH AND WELLNESS EVENTS FOR CANCER PATIENTS

MAY	JUNE	JULY	AUG	
23	27	25	22	Cancer Nutrition During and After Cancer Treatment Learn about special nutritional needs from a Registered Dietician. Fourth Thursday, 10:00 am - 12:00 pm • Online/WebEx, Call 808-691-8984
9	13	11	8	Cancer Survivorship Support Group For Survivors adapting to life after cancer treatment. Facilitator: Kristy Fujinaga, RN Second Thursday, 11:00 am - 12:00 pm • Online/WebEx • Call 808-691-8914
28	25	23	27	Mindfulness Meditation for Cancer Survivors Fourth Tuesdays, 11:00 am - 12:00 pm • Online/WebEx
15	19	17	21	Caregiver Support Group Supports the needs of care givers to help them keep a balanced life style. Third Wednesday, 10:30 - 11:30 am • Online/WebEx
20	17	15	19	Head & Neck Support Group Warriors battling cancer of the brain, mouth, throat, thyroid, & esophagus. Third Monday, 11:00 am - 12:30 pm • Online/WebEx
16	20	18	15	Breast Cancer Support A forum for women to discuss and share issues related to breast cancer. Third Thursday, 11:00 am - 12:00 pm • Online/WebEx
20	24	22	26	Lung Cancer Support Survivors share and help one another cope with the difficulties the disease can cause. Fourth Monday, 10:00 - 11:00 am • Online/WebEx
2	6	11	1	GI Cancer Support A support group for patients with gastrointestinal cancer. First Thursday, 11:30 am - 12:30 pm • Online/WebEx

Online/WebEx
808-691-8984 for information

Healing Through Art

Art therapy for all cancer survivors and their caregiver.
Tuesdays per art schedule • 10:00 am - 12:00 pm • Online/WebEx

Register online:
www.lookgoodfeelbetter.org

Look Good, Feel Better

Live virtual workshops to help you feel your best.

- May ▶ Skin Cancer Awareness Month
- June ▶ National Cancer Survivorship
- July ▶ Sarcoma/Bone Cancer
- August ▶ Appendix Cancer Awareness

At Queen's our focus is keeping our patients, visitors, staff and providers healthy and safe.

All support groups and classes continue to meet virtually via WebEx.

For more information on Queen's Cancer Center programs and services or to be added to the email list for virtual meetings, call 808-691-8984.