



SUPPORT GROUPS & EDUCATION

VIRTUAL HEALTH AND WELLNESS EVENTS FOR CANCER PATIENTS

SEP OCT NOV DEC

25	23	20	18	Cancer Nutrition During and After Cancer Treatment Learn about special nutritional needs from a Registered Dietitian. Fourth Thursday, 10:00 am - 12:00 pm • Online/Teams • Call 808-691-8914
11	9	13	11	Cancer Survivorship Support Group For survivors adapting to life after cancer treatment. Facilitator: Kristy Fujinaga, RN Second Thursday, 11:00 am - 12:00 pm • Online/Teams • Call 808-691-8914
	28		16	Mindfulness Meditation for Cancer Survivors Fourth Tuesday of even months, 11:00 am - 12:00 pm • Online/Teams
17	15	19	17	Caregiver Support Group Supports the needs of caregivers to help them keep a balanced lifestyle. Third Wednesday, 10:30 - 11:30 am • Online/Teams
15	20	17	15	Head & Neck Support Group Warriors battling cancer of the brain, mouth, throat, thyroid, & esophagus. Third Monday, 11:00 am - 12:00 pm • Online/Teams
18	16	20	18	Breast Cancer Support Group A forum for women to discuss and share issues related to breast cancer. Third Thursday, 11:00 am - 12:00 pm • Online/Teams
22	27	24	22	Lung Cancer Support Group Survivors share and help one another cope with the difficulties the disease can cause. Fourth Monday, 10:00 - 11:00 am • Online/Teams
4	2	6	4	GI Cancer Support Group A support group for patients with gastrointestinal cancer. First Thursday, 11:30 am - 12:30 pm • Online/Teams
Online/WebEx 808-691-8048 for information		Healing Through Art Class Art therapy for all cancer survivors and their caregiver. Tuesdays per art schedule, 10:00 am - 12:00 pm • Online/WebEx		
Register online: www.lookgoodfeelbetter.org		Look Good, Feel Better Live virtual workshops to help you feel your best. By appointment only, online by LGFB Alliance		

Cancer Awareness Month

Sept ▶ Prostate, Leukemia, Ovarian, Gynecologic, Thyroid
Oct ▶ Breast
Nov ▶ Lung, Pancreatic, Stomach

Scan the QR
for Cancer
Patient
Support



Call 808-691-8048 or email jtokuhara@queens.org for more information on Queen's Cancer Center programs and services or to be added to the email list for virtual meetings.

At Queen's, our focus is on keeping our patients, visitors, staff, and providers healthy and safe. Support groups and classes continue to meet virtually via WebEx/Teams. Some exceptions for hybrid meetings (in-person and online) may be available.