



SUPPORT GROUPS & EDUCATION

VIRTUAL HEALTH AND WELLNESS EVENTS FOR CANCER PATIENTS

SEP OCT NOV DEC

25 23 20 18

Cancer Nutrition During and After Cancer Treatment

Learn about special nutritional needs from a Registered Dietitian.

Fourth Thursday, 10:00 am - 12:00 pm • Online/Teams • Call 808-691-8914

11 9 13 11

Cancer Survivorship Support Group

For survivors adapting to life after cancer treatment. Facilitator: Kristy Fujinaga, RN

Second Thursday, 11:00 am - 12:00 pm • Online/Teams • Call 808-691-8914

28 16

Mindfulness Meditation for Cancer Survivors

Fourth Tuesday of even months, 11:00 am - 12:00 pm • Online/Teams

17 15 19 17

Caregiver Support Group

Supports the needs of caregivers to help them keep a balanced lifestyle.

Third Wednesday, 10:30 - 11:30 am • Online/Teams

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Head & Neck Support Group

Warriors battling cancer of the brain, mouth, throat, thyroid, & esophagus.

Third Monday, 11:00 am - 12:00 pm • Online/Teams

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Breast Cancer Support Group

A forum for women to discuss and share issues related to breast cancer.

Third Thursday, 11:00 am - 12:00 pm • Online/Teams

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Lung Cancer Support Group

Survivors share and help one another cope with the difficulties the disease can cause.

Fourth Monday, 10:00 - 11:00 am • Online/Teams

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GI Cancer Support Group

A support group for patients with gastrointestinal cancer.

First Thursday, 11:30 am - 12:30 pm • Online/Teams

**Online/WebEx
808-691-8048 for information**

Healing Through Art Class

Art therapy for all cancer survivors and their caregiver.

Tuesdays per art schedule, 10:00 am - 12:00 pm • Online/WebEx

**Register online:
www.lookgoodfeelbetter.org**

Look Good, Feel Better

Live virtual workshops to help you feel your best.

By appointment only, online by LGFB Alliance

**Cancer
Awareness
Month**

Sept ► Prostate, Leukemia, Ovarian, Gynecologic, Thyroid

Oct ► Breast

Nov ► Lung, Pancreatic, Stomach

**Scan the QR
for Cancer
Patient
Support**



Call 808-691-8048 or email jtokuvara@queens.org for more information on Queen's Cancer Center programs and services or to be added to the email list for virtual meetings.

At Queen's, our focus is on keeping our patients, visitors, staff, and providers healthy and safe. Support groups and classes continue to meet virtually via WebEx/Teams. Some exceptions for hybrid meetings (in-person and online) may be available.