



SUPPORT GROUPS & EDUCATION

VIRTUAL HEALTH AND WELLNESS EVENTS FOR CANCER PATIENTS

MAY JUN JUL AUG

28 25 23 27

Cancer Nutrition During and After Cancer Treatment

Learn about special nutritional needs from a Registered Dietitian.

Fourth Thursday, 10:00 am - 12:00 pm • Online/Teams • Call 808-691-8914

14 18 9 13

Cancer Survivorship Support Group

For survivors adapting to life after cancer treatment. Facilitator: Kristy Fujinaga, RN

Second Thursday, 11:00 am - 12:00 pm • Online/Teams • Call 808-691-8914

23 25

Mindfulness Meditation for Cancer Survivors

Fourth Tuesday of even months, 11:00 am - 12:00 pm • Online/Teams

20 17 15 19

Caregiver Support Group

Supports the needs of caregivers to help them keep a balanced lifestyle.

Third Wednesday, 10:30 - 11:30 am • Online/Teams

18 15 20 17

Head & Neck Support Group

Warriors battling cancer of the mouth, throat, sinuses, & salivary glands

Third Monday, 11:00 am - 12:00 pm • Online/Teams

21 18 16 20

Breast Cancer Support Group

A forum for women to discuss and share issues related to breast cancer.

Third Thursday, 11:00 am - 12:00 pm • Online/Teams

18 22 27 24

Lung Cancer Support Group

Survivors share and help one another cope with the difficulties the disease can cause.

Fourth Monday, 10:00 - 11:00 am • Online/Teams

7 4 2 6

GI Cancer Support Group

A support group for patients with gastrointestinal cancer.

First Thursday, 11:30 am - 12:30 pm • Online/Teams

Online/WebEx

808-691-8048 for information

Healing Through Art Class

Art therapy for all cancer survivors and their caregiver.

Tuesdays per art schedule, 10:00 am - 12:00 pm • Online/WebEx

Register online:
www.lookgoodfeelbetter.org

Look Good, Feel Better

Live virtual workshops to help you feel your best.

By appointment only, online by LGFB Alliance

**Cancer
Awareness
Month**

May ► Cancer Research, Bladder, Brain, Melanoma & Cancer
Jun ► National Cancer Survivor
Jul ► Sarcoma & Bone
Aug ► Appendix

Scan the QR
for Cancer
Patient
Support



Call 808-691-8048 or email jtokuhara@queens.org for more information on Queen's Cancer Center programs and services or to be added to the email list for virtual meetings. At Queen's, our focus is on keeping our patients, visitors, staff, and providers healthy and safe. Support groups and classes continue to meet virtually via WebEx/Teams. Some exceptions for hybrid meetings (in-person and online) may be available.