



Patient Name: _____ DOB: _____ MRN: _____

Preparing for Your Surgery

Surgery Date: _____ **Arrival Time:** _____

Location:

The Queen's Medical Center - Punchbowl

- Surgery Center (808) 691-2396
 Same Day Surgery (808) 691-4798
 Urology (808) 691-4180

The Queen's Medical Center – West O'ahu

- Surgery Center (808) 691-3292

The Queen's Health Systems Pre-Surgery Center is a team of registered nurses and advanced practice nurses who work with your doctors to identify health issues that may impact your care. We provide evaluation and education in preparation for you procedure which can help reduce your anxiety.

CHECKLIST to prepare for your surgery:

- Call Pre-Registration at (808) 691-4960, as soon as your surgery is scheduled, to update your insurance information.
- Visit your Primary Care Provider/Cardiologist or any other necessary practitioner.
- You may need blood tests, EKG or Chest X-Ray, as directed by your doctor.

7-10 DAYS BEFORE your procedure/surgery:

- Continue to take your medicines as prescribed by your doctor. Certain medicines may need to be stopped before surgery (such as blood thinners or aspirin). Your doctor will let you know when and which medications may need to be stopped.
- Stop smoking, drinking alcohol, and using street drugs for 6 weeks prior to surgery.
- Stop taking ibuprofen, naproxen, vitamins, and herbal supplements.
- Eat healthy foods and drink eight glasses of water a day (unless instructed by your doctor.)
- Brush your teeth four times a day.
- Let your surgeon know if you have a cold/flu, fever, sore throat, and cough, rash or open wounds.
- You **MUST** arrange for transportation home after surgery; (**PUBLIC TRANSPORTATION IS NOT ALLOWED.** You may take a Taxi, Uber, or Lyft, **ONLY IF** you have a responsible person with you.)
- Arrange to have a responsible person to be with you after surgery.



TWO DAYS BEFORE your procedure/surgery:

- Do NOT shave, wax, or use hair removing product

THE DAY BEFORE your procedure/surgery:

- Follow your surgeon's instructions when to stop eating & drinking (**MIDNIGHT NIGHT BEFORE SURGERY**)
- Your ride home with a responsible person must be confirmed.
- **REMOVE ALL BODY PIERCINGS AND JEWELRY.**
- After showering: **DO NOT** apply leave-in hair products, lotion, cream, powder, make-up or deodorant.

ON THE DAY your procedure/surgery:

- Do NOT eat or drink anything including gum or candy, unless directed by your surgeon.
 - Take **ONLY** the medicine ordered by your doctor, with a teaspoon of water.
 - Shower before coming to the hospital. Dry with a clean towel.
 - After showering: **DO NOT** apply leave-in hair products, lotion, cream, powder, make-up or deodorant.
 - Brush your teeth before coming to hospital. Leave toothbrush and toothpaste at home.
 - Leave all valuable and jewelry at home.



- **BRING THESE ITEMS WITH YOU:**

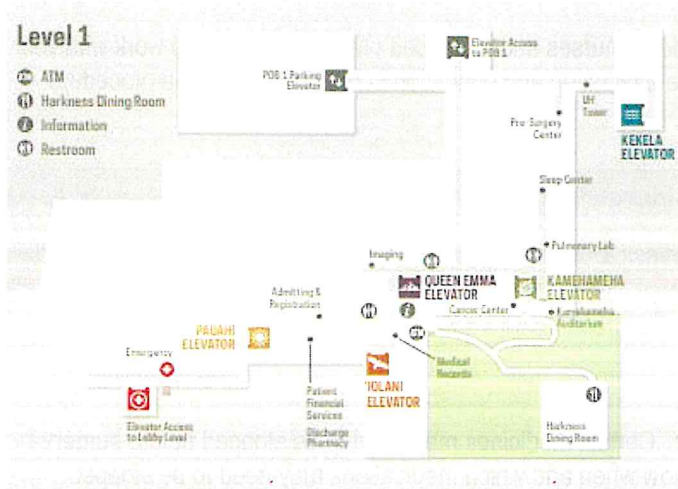
- Picture ID & Medical insurance cards
- Pacemaker/AICD Card
- List of your medications including your name, dose and schedule
- Sleep apnea machine and mask if you have them
- Any emergency medicine you usually carry (such as Epi Pen, inhalers, Nitroglycerine)
- Advanced Healthcare Directive/Power of Attorney if you have them.
- Case/Container for dentures, hearing aide, eye glasses, and contact lens.

**FOLLOW YOUR DOCTOR'S INSTRUCTIONS WHEN TO ARRIVE AT THE HOSPITAL
CHECK-IN ON TIME!**

The Queen's Medical Center

1301 Punchbowl St. Honolulu, Hi 96813

Phone: (808) 691-1000 • www.queens.org



Admitting and Registration:

1. Park in Miller Garage
2. Follow the signs to Pauahi Elevator
3. Take Pauahi Elevator to Level 1
4. Follow signs to Admitting and Registration

Endoscopy/Urology:

1. Park in Miller Garage
2. Follow the signs to Pauahi Elevator
3. Take Pauahi Elevator to Level 1
4. Follow signs to Admitting and Registration

Pre-Surgery Center:

1. Park in Physician's Office Building 1 (POB 1) Garage
2. Take POB 1 Elevator to level 1
3. Follow up signs to the Pre-Surgery Center

Same Day Surgery:

1. Park in Miller Garage
2. Follow Signs to the Lobby
3. Continue past the elevator
4. Arrive at Same Day Surgery

Surgery Center:

1. Park in Miller Garage
2. Enter Hospital at lobby entrance
3. Follow signs to Iolani Elevator
4. Take Iolani Elevator to Level 3
5. Arrive at Surgery center

The Queen's Medical Center – West Oahu

91-2141 Fort Weaver Rd. Ewa Beach, Hi 96706

Phone: (808) 691-3000 • www.queens.org

Registration, Pre-Surgery Center & Surgery Center

1. Park in the Visitors Parking Lot
2. Enter Hospital at Lobby Entrance
3. Check in Registration, on the left side of the lobby

