

# QNHCH Board Meeting Kahu a Ola Update

October 28, 2022



NATIVE HAWAIIAN HEALTH

~~~~~ THE QUEEN'S HEALTH SYSTEMS ~~~~~

# QNHCH Kahu a Ola Scale-Up & Strategy Expansion

## Expand Clinical Program

- Expand eligibility to all NHs
- **Remote Patient Monitoring (RPM)**
- Care Coordination (Social Determinants of Health)
- Transitional Care
  - ED/Inpatient Discharges Follow-up
- Home Visits & Outreach for Care Coordination + Primary Care Visit (High-Risk Patients)

## Outreach & Education

- **Community Fairs & Events**
- Community Outreach, Health Education, & Increased Awareness of Specialized Services for Referrals

## Community Partnerships

- **Hui Mālama Ola Nā 'Ōiwi (Papa Ola Lōkahi)**
- **FQHCs**
- **Kohala Center**

## Workforce Development

- **Develop Comprehensive Healthcare Workforce Development Program (1 FTE)**
- Pipeline Partnerships (middle, high school, college)
- QNHCH Internships
- On-Island Workforce Development (CHW/Social Work)
- Standardized Specialized Training

# Transformative Site Visit Commencing our Journey



## QNHCH Hospital Visit

- QHS leadership commitment to QNHCH Staff and Patients



## Listening to our caregivers and patient stories

- Kahu a Ola Presentation
- QNHCH Primary Care Clinic visit



## Sharing Kahua Ola with our Community

- Engaging our community leaders
- Commitment to continuing the discussion

# Community Members

- Lehua Andrade *Hui Mālama Ola nā 'Ōiwi*
- Pomai Bertelmann *Nā Kālai Wa'a/Kanu o ka 'Āina*
- Keola Chan *'Aha Kāne / Pā o Lonopūhā*
- Kuuipo Wilcox *HCC Pālamanui/Pā o Lonopuha*
- Dr. Michael Chun *Retired - President, Kamehameha Schools*
- Lee Ann Heely *Hawai'i Island Community Health Center*
- Lehua Kauhane *Queen Emma Land Companuy*
- Cheryl Lupenui *Kohala Center*
- No'eau Peralto *Hui Mālama I ke Ala 'Ūlili*
- Haley Kailiehu *Hui Mālama I ke Ala 'Ūlili*
- Sonny Shimaoka *Waimea Hawaiian Homestead*



# Connection between ‘āina and health

"The health of the ‘āina and the health of kānaka are inherently woven together. Like the ahupua‘a, what happens upstream effects everything downstream."











**A traditional healer in every home**



# Breaking the Cycle

How do we break the cycle in a system in which Native Hawaiians continue to have poor health?







How do we engage kupuna to  
inspire the next generation?

## QNHCH Kahu a Ola Outcomes

### Demographics (FY22)

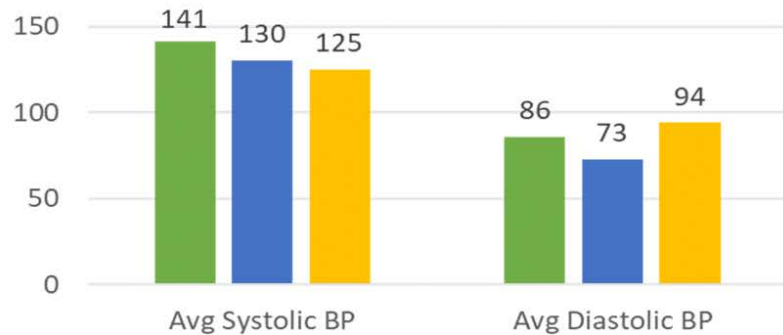
N= 125 patients  
Diabetes: 70  
Hypertension: 103  
Obesity: 91

1 Diagnosis: 29  
2 Diagnosis: 50  
3 Diagnosis: 45

### FY22 Q3 Clinical Outcomes

#### Improved Systolic Blood Pressure

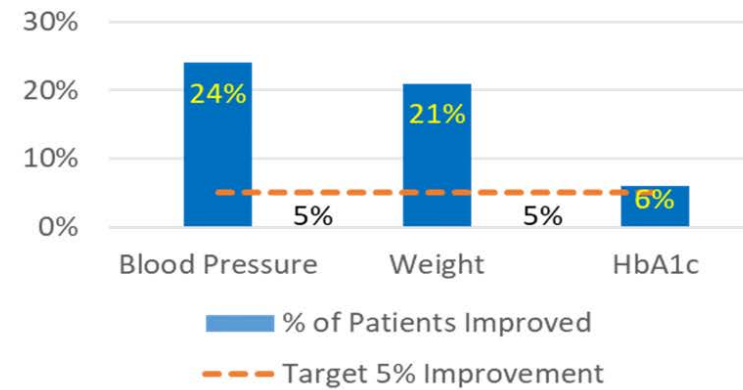
QNHCH – Ola Hou I Ka Hula



■ Baseline N=11 ■ 3-Month Follow Up N=4 ■ 6-Month Follow Up N=3

#### Improved BP, Weight, A1c

QNHCH Kahu a Ola Cohort







Ho'okahi nō lā o ka malihini.  
A stranger for only a day.

# Kūkākūkā

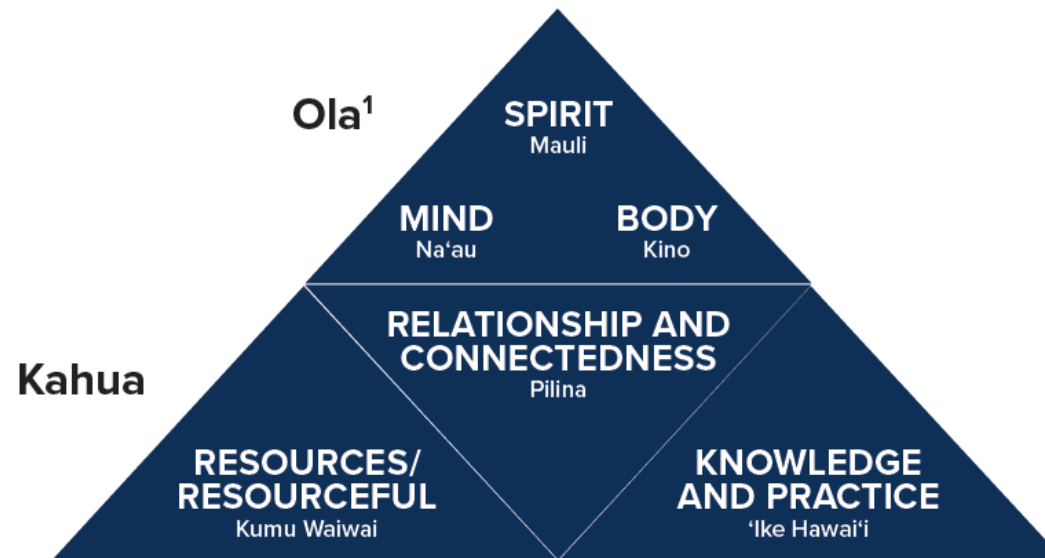
(Thoughtful & Purposeful Discussion)

- *What other recommendations do you have to **approach** and **engage** our community as potential advisors and partners to collectively achieve our aspirational goal in this unique region?*
- *Which recommendations, of these, do you believe we should pursue?*



# MAHALO NUI

## E Ola Ka 'Ōiwi “Healthy and Well Are the Hawaiians”



<sup>1</sup> Strengthen the resilience, identify and social connectedness of Native Hawaiians to enhance our physical, mental, and spiritual health