



SPEAKING OF HEALTH

A FREE VIRTUAL HEALTH AND WELLNESS EVENT

HAND AND WRIST PAIN

THURSDAY, JULY 18

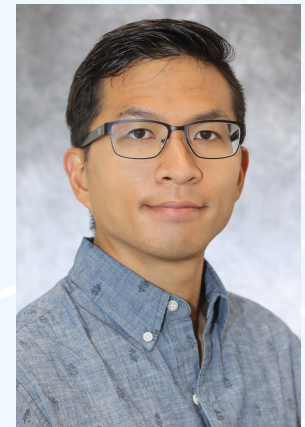
LIVE WEBINAR 12:00 PM – 1:00 PM

Pain and swelling in the hand and wrist can be tied to the condition of your tendons, also known as tendinopathies. The pain from tendinopathy can interfere with your daily life, from housework to participation in sports.

Join **Dr. Edward Chan** to learn more.

Topics to be discussed include:

- Most common hand and wrist tendinopathies
- Symptoms of trigger finger and De Quervain's tenosynovitis
- Treatment options



Edward Chan, MD
Orthopedic Hand Surgeon
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Register online at
QUEENS.ORG/EVENTS
or by phone at **808-691-7117**



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